



Impact Factor: 4.081

## A Study of Social Adjustment of Married and Unmarried Males in Ahmedabad

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### ABSTRACT:

The present investigation is to find out the difference in the social adjustment of married and unmarried males in Ahmedabad city. The sample consisted of 120 males. Out of which 60 were married and 60 unmarried males. For this purpose of investigation "Social Adjustment Inventory" by Dr. R. C. Deva was used. The obtained data was analyzed through 't' test to know the mean difference between married and unmarried males. The results show that there is no significant difference in social adjustment, social maturity and emotional adjustment level of married and unmarried males.

### INTRODUCTION:

Day by day modern social life is becoming complex. Man always tries to adjust himself in the structure of social life. Man has to adjust himself within geographical and social conditions; he has also got to adjust himself with different aspects of life, family, school, friends and married life.

Every one's life is subject to time, circumstances and conditions, for maintaining his survival man has to adjust himself to his conditions and for that he makes a conscious attempt. How will man adjust to environment depends on the psychological system by and largely depends on the nature and characteristics of his emotional make-up. It continues from birth to death. Whether a man life will be good or bad, or his personality will be co-operative or non co-operative, whether he will be successful and unsuccessful depends on his adjustability.

Generally the social life of a person is reflected in his speech, behavior and disposition. Social adjustment reflects a person's shyness and its intensity. Self-dedication, Introversion or extroversion. To what extent a person is deviated is reflected in his emotional adjustment, frustration. The present study is done with a view to finding out the social adjustment of married as well as unmarried males in Ahmedabad.

### OBJECTIVES:

- (1) To study the difference in the social adjustment of married and unmarried males of Ahmedabad.
- (2) To study the difference in the Emotional adjustment of married and unmarried males of Ahmedabad.
- (3) To study the difference in the social Maturity of married and unmarried males of Ahmedabad.

**HYPOTHESIS:**

- (1) There is no significant difference in the social adjustment of married and unmarried males of Ahmedabad.
- (2) There is no significant difference in the emotional adjustment of married and unmarried males of Ahmedabad.
- (3) There is no significant difference in the social maturity of married and unmarried males of Ahmedabad.

**METHOD:**

(A) **SAMPLE:** The sample of the present study consisted of 120 males, married and unmarried both living in Ahmedabad.

(B) **TOOL:** In the present study measure social adjustment. “social adjustment Inventory” by Dr.R.C.DEVA was used which is a very reliable tool in this inventory.

**STATISTICAL STRATEGY:**

‘t’ test was applied to know the significant differences between social and emotional and adjustment and social maturity levels of married and unmarried males.

**RESULT AND DISCUSSION:**

**Table-I : Social Adjustment of Married and Unmarried Males**

Group	N	Mean	S.D.	‘t’ Value	Level of sign.
Married Male	60	94.08	33.93	1.06	NS
Unmarried Male	60	100.75	35.13		

**Table-II : Social Maturity of Married and Unmarried Males**

Group	N	Mean	S.D.	‘t’ Value	Level of sign.
Married Male	60	43.23	22.35	0.34	NS
Unmarried Male	60	44.50	18.55		

**Table-III : Emotional Adjustment of Married and Unmarried Males**

Group	N	Mean	S.D.	‘t’ Value	Level of sign.
Married Male	60	37.90	16.93	1.64	NS
Unmarried Male	60	43.90	22.60		

**Table no. I** shows the social adjustment of married and unmarried males for married males mean is 94.08 for the unmarried males the mean is 100.75 and S.D. is 33.93 and 35.13 for both group ‘t’ level value is 1.06 which is not significant.

**Table no. II** shows the social maturity of married and unmarried males for the married males the mean is 43.23 and for the unmarried males the mean is 44.50 and S.D. is 22.35 and 18.55 for both group ‘t’ level value is 0.34 which is not significant.

**Table no. III** shows Emotional adjustment of married and unmarried males for the married males the mean is 37.90 and unmarried males the mean is 43.90 and S.D. is 16.93 and 22.60 for both group ‘t’ level value is 1.64 which is not significant.

**Table no. I** show the social adjustment between married and unmarried males. The results show that there is no significant difference in social adjustment level of married and unmarried males.

**Table no. II** shows social maturity between married & unmarried males. The results show that there is no significant difference in social maturity level of married & unmarried males.

**Table no. III** shows Emotional adjustment between married & unmarried males. The results show that there is no significant difference in the emotional adjustment level of married & unmarried males.

- ❖ There was no significant difference between married & unmarried males regarding social adjustment. Its probable reason was that, Relationship between husband & wife is more frank & effective, and moreover they completely take care of their children & their all needs. They got help of their senior so their social relation become more deep, so we said that there was no significant difference in social adjustment because of their more generous, tolerant & sympathetic behavior.

And also like that in unmarried males because of their good socialization & also maintained their physic- economical needs they never resist conflict. And moreover there was no distance of opposition between new & old generation, so their relation become deeper. Because of that we said that there was no significant difference in their social adjustment.

- ❖ There was no significant difference between married & unmarried males regarding social maturity & emotional adjustment. Its probable reasons that because of more social relationship they become more secure & they never resist conflicted situation to completed his & his family's needs. So we said that there was no significant difference in social maturity & emotional adjustment.

#### **CONCLUSION:**

- (1) There was no significant difference between married and unmarried males regarding social adjustment.
- (2) There was no significant difference between married & unmarried males regarding social maturity.
- (3) There was no significant difference between married & unmarried males regarding emotional adjustment.

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