



## Social Adjustment of U.G and P.G College Students in relation to their Gender

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### Abstract

The present study is to find out the difference in the social Adjustment of U.G and P.G Boys and Girls college students. The sample consisted of 120 college students. Out of which 60 were U.G students (60 Boys and 60 Girls) And also 60 College students Out of which 60 were P.G students (60 Boys and 60 Girls). For this purpose of investigation “Social Adjustment Inventory (S.A.I.)”. By Dr. R.C. Deva was used. The obtain data was analyzed through ‘t’ test to know the mean. The result shows that, there are significant difference between boys and Girls college students and there is no significant difference in social Adjustment level of U.G and P.G Students.

**Key Words:** Social Adjustment, U.G and P.G students.

### Introduction:-

In psychology, adjustment is the ability to respond to the environment in an appropriate manner. This response is generally learned rather than instinctive. Adjustment also encompasses being aware of the correct time and place to behave and knowing when to act, according to the circumstances and the culture of the society one lives in. Adult development and adjustment theories include the purpose in life concept, in which adjustment emphasizes a clear comprehension of life’s purpose, directedness, and intentionality, which contributes to the feeling that life is meaningful.

Social adjustment is changing of social behavior during puberty of social change. Good question and some great feedback already in setting up a. social adjustment involves learning to properly relate to acquaintance, family, neighbors, friends and intimate, relationships it involves understanding how to honor and respect these in authority this can include parents, employers or police. The status of adjustment is distinguished by the shift away from reliance on guardianship and the oversight of an adult in decision-making acts. Adjustment has different definitions across legal, social, religious, political, sexual, emotional, and intellectual contexts.

The age or qualities assigned for each of these contexts are tied to culturally-significant indicators of independence that often vary as a result of social sentiments. The concept of psychological adjustment has implications across both legal and social

contexts, while a combination of political activism and scientific evidence continue to reshape and qualify its definition. Because of these factors, the notion and definition of adjustment and maladjustment is somewhat subjective. Jerome Bruner proposed the period of maladjustment as being a time for experimental play without serious consequences, where a young animal can spend a great deal of time observing the actions of skilled others in coordination with oversight by and activity with its mother.

The key to human innovation through the use of symbols and tools, therefore, is interpretive imitation that is “practiced, perfected, and varied in play “ through extensive exploration of the limits on one’s ability to interact with the world. Evolutionary psychologists have also hypothesized that cognitive maladjustment may serve an adaptive purpose as a protective barrier for children against their own under-developed meta-cognition and judgment, a vulnerability that may put them in harm’s way. For youth today, the steadily extending period of ‘play’ and schooling into the 1<sup>st</sup> century comes as a result of the increasing complexity of our world and its technologies, which too demand an increasing intricacy of skill as well as a more exhaustive set of per-requisite abilities. Many of the behavioral and emotional problems associated with adolescence may arise as children cope with the increased demands placed on them, demands which have become increasingly abstracted from the work and expectations of adulthood.

American psychologist Colman has named modern age as “Tension Age”. Man thinks’ himself modern but actually he live under tensions and worries. He is surrounded by hurry and worry. People working various fields suffer from frustrations and conflict due to the lack of their knowledge regarding adjustment. Today’s man feels anxiety and restlessness and gloominess. Explaining modern man’s psychological problems Aricfrom says, “Man does not know how to behave with and how to pass time meaningfully”. Aristotle has truly said, “Man’s real existence does not depend on exerting sense of possession on the plenty of material things”.

According to Ravindranath Tagore sense of possession suggest man’s greatest limitation. Ultimately it harms man’s physical and mental health. Real happiness lies in contentness, peace and enjoyment. It is very much essential to study the ‘Psychology of Adjustment’. Man is a society. He is an integral part of society. If he to live in the society, he has to adjustment with others in society. It is necessary also for him to live peacefully. Tulsidas has said that we should live in society and establish cordial relations so that mental peace and achievement can be attained. The present study has been done with the purpose to know about the social adjustment of Under Graduate and Post graduate students in relation to their gender.

***Problem of study:***

**Social Adjustment of U.G and P.G College Students in relation to their Gender**

***Objectives:-***

- 1) To study the social adjustment of urban U.G and P.G college students.
- 2) To study the social adjustment of boys and girls college students.
- 3) To study the social adjustment of U.G and P.G boy students.
- 4) To study the social adjustment of U.G and P.G girl students.

**Hypothesis:-**

- 1) There will be no significant mean difference between social adjustment of U.G and P.G college students.
- 2) There will be no significant mean difference between social adjustment of boys and girls college students.
- 3) There will be no significant mean difference between social adjustment of U.G and P.G boy students.
- 4) There will be no significant mean difference between social adjustment of U.G and P.G girl students.

**Variables:-**

**Independent variables**

A : Level of Education

A1: Under Graduate Students

A2: Post Graduate Students

B: Gender

B1: Boys

B2: Girls

**Dependent variable**

Social Adjustment.

**Methods:-**

**(1) Sample:**

The sample of the present study consisted of 120 college students out of which 60 were U.G college students ( Boy & Girl) and 60 were P.G college students ( Boy & Girl).

**(2) Research Design:**

The aim of present research was to study and compare the Social Adjustment between U.G and P.G students were taken as a sample. Here to measure “social Adjustment Inventory” by Dr. R.C. Deva was use which is a very reliable tool in this inventory To check the difference between groups t-test on method was used. The research design of this study is 2X2,

**(3) Instruments:**

In this study of measure social adjustment “social Adjustment Inventory” by Dr. R.C. Deva was use which is a very reliable tool in this inventory. Its reliability is tested in the questionnaire that has been used in this study. The total 48 statements is given the answer for which the response is ‘Yes and ‘ No’ this inventory used to measure social adjustment.

**(4) Procedure:**

The testing was done on a group of U.G and P.G students. The whole procedure of fill the inventory was explained to them fully and clearly. The Instruction given on the questionnaire ware explained to them. It was also made clear to them that their scores would be kept secret. It was checked that none of the subjects left any questions unanswered or that no subjects encircled both the answer given against question.

**(5) Statistical Strategy:**

To check the difference between U.G college student and P.G college student groups ttest on method was used. The result discussion of social adjustment level of U.G college student and P.G college student is as under.

**Result and discussion:**

The main objective of present study was to study social adjustment level of U.G college student and P.G college student in relation to their gender. Statistical t method was used. Result discussion of present study is as under.

**H.O:1** There will be no significant mean difference between social adjustment of U.G and P.G college students.

**Table No. 1**

Table of U.G and P.G students social adjustment

Group	N	mean	S.D.	't' value	Level of significant
U.G students	60	29.53	13.21	2.33	0.01
P.G students	60	42.2	16.37		

Table no. 1 show the social adjustment of U.G and P.G students. For the U.G students the mean is 29.53, for the P.G students mean is 42.2 and S.D. is 13.21 and 16.37. For both groups 't' level value is 2.33 and its significance at 0.05. So there is significance mean difference between U.G students and P.G students in social adjustment. P.G student's social adjustment is higher than U.G Students.

**H.O:2** There will be no significant mean difference between social adjustment of boys and girls college students.

**Table No.2**

Table of boy and girl students social adjustment.

Group	N	mean	S.D.	't' value	Level of significant
Boy students	60	39.63	16.66	0.65	N.S.
Girl students	60	34.35	14.44		

Table no.2 show the social adjustment of boy and girl students, for the boy students the mean is 39.63, for the girl students the mean is 34.35 and S.D. is 16.66 and 14.44. For both groups 't' level value is 0.65. so there is a no significant is 0.01. There is a no significant mean difference between boy and girl students in social adjustment.

**H.O:3** There will be no significant mean difference between social adjustment of U.G and P.G boy students.

**Table No.3**

Table of Rural U.G and P.G boy students social adjustment

Group	N	Mean	S.D	't' value	Level of significant
U.G boy students	60	39.2	60.01	1.87	N.S.
P.G boy students	60	29.53	13.21		

Table no.6 show the social adjustment of Rural U.G students and Rural P.G students, for the rural U.G students the mean is 39.2, for the rural P.G students the mean is 29.53 and S.D. is 60.01 and 13.21. for both group 't' level value is 1.87 and level of no significance is 0.01. so there is a no significant mean difference between Rural U.G students and Rural P.G students in social adjustment.

**H.O:4** There will be no significant mean difference between social adjustment of U.G and P.G girl students.

**Table.No.4**

Table of U.G and P.G girl students Social Adjustment

Group	N	mean	S.D.	't' value	Level of significant
U.G girl students	15	37.7	16.94	1.36	N.S.
P.G girl students	15	29.53	13.21		

Table no.4 show the social adjustment of U.G and P.G girl students, for the U.G girl students mean is 37.7. For the P.G girl students the mean is 29.53. S.D. is 16.94 and 13.21. For both groups 't' level value is 1.36 and its level of no significance is 0.01. so there is a no significance mean difference between U.G and P.G girl students in social adjustment.

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